

## **Help! I Need Somebody!**

### **Process**

- As participants are signing in give them a card. The card will represent either an agency, a service that is provided by an agency or a service that one can provide for an agency.
- Participants need to find their group, which will include the agency and services provided.
- This will make a group of four people, which will become the participant's group for the training.
- At the conclusion of the activity discuss the following:
  - How did you feel when you were looking for help?
  - How did you feel when you discovered there was help for you?
  - Were you aware that the service you needed was available in your community?
  - How many other people did you discover that needed help?
  - Did you realize that so many people in your community were in need?

### **Suggestions**

- You can add agencies and services as needed but make sure to only use enough for the group signed up.
- By putting the information on business cards it is easier to distribute.

## **Agencies and Services**

### American Cancer Society

- Family member diagnosed with cancer.
- My grandmother has a rare form of cancer and I need to know more.
- My science class is learning about cancer and would like a guest speaker.

### American Red Cross

- The river near my house is rising; who will help if it gets so high that we cannot live in our home?
- We just had a storm and the electric company said my power would not be on for four days; where do I go to get help?
- I want to donate blood.

### Big Brothers/ Big Sisters

- I know someone who needs a mentor.
- I would like to volunteer in a school.
- I would like to give back to my community by helping young people; where should I go?

## Reciprocal Partnerships

### Clothing Care Center

- We had a fire and lost everything.
- Winter is coming and my daughter needs warm weather clothes that I cannot afford.
- I just did spring cleaning and have some clothes to donate.

### Hospice

- My psychology class is learning about death and dying and would like a guest speaker.
- I have a student whose mother passed away three months ago from a long illness; she is still having grief issues.
- We are having a community night and would like someone to speak about end of life issues.

### Library

- My history class is researching the history of our city.
- I have a group of students who would like to start a book group for teens.
- My grandparents would like to find information about their past.

### Pregnancy Services

- Our child care class is learning about pregnancy and is making a brochure about the stages of pregnancy.
- I have a student who is pregnant.
- I have a child who is growing out of their baby clothes quickly; is there somewhere I could donate these clothes?

Reciprocal Partnerships

<p>American Cancer Society</p>	<p>A family member was recently diagnosed with cancer.</p>
<p>My grandmother has a rare form of cancer and I need to know more.</p>	<p>My science class is learning about cancer and would like a guest speaker.</p>
<p>American Red Cross</p>	<p>The river near my house is rising; who will help if it gets so high that we cannot live in our home?</p>
<p>We just had a storm and the electric company said my power would not be on for four days; where do I go for help?</p>	<p>I want to donate blood.</p>

Reciprocal Partnerships

<p>Big Brothers and Big Sisters</p>	<p>I know someone who needs a mentor.</p>
<p>I would like to volunteer in a school.</p>	<p>I would like to give back to my community by helping young people; where should I go.</p>
<p>Clothing Care Center</p>	<p>We had a fire and lost everything.</p>
<p>Winter is coming and my daughter needs warm weather clothes that I cannot afford.</p>	<p>I just finished spring cleaning and have some clothes I would like to donate.</p>

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<p>I have a student whose mother passed away three months ago from a long illness; she is still having grief issues.</p>	<p>We are having a community night and would like someone to speak about end of life issues.</p>
<p>Library</p>	<p>My history class is researching the history of our city.</p>
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